

ADVIK LABORATORIES LIMITED

Details of Familiarisation Programmes imparted during the Financial Year 2019-20

Sl. No.	Date of the Familiarisation Programme imparted	Coverage	Duration of the Programme (in Hours)
1	07-10-2019	Amendments in SEBI (LODR) Regulations, 2015	01:00
2	18-03-2020	Orientation Programme on : - Board Meetings Effectiveness - Role & Responsibilities of Independent Directors	02:00

Details of Attendance & Time Spent by Independent Directors in such Programmes

Sl. No.	Name of the Independent Director	No. of Programmes attended		No. of Hours Spent	
		Programmes for F.Y. 2019-20	Cumulative till date	For F.Y. 2019-20	Cumulative till date
1	Mr. Manoj Kumar Jain	2	12	03:00	18:00
2	Mrs. Madhu Sharma	2	7	03:00	11:00